



# BIOME SHAKE

Item No. 92643

15 Servings (600 g) per container

As part of the Purify program, Biome Shake was carefully formulated to support proper balance in the microbiome. Biome Shake is high in vegetable protein with a blend of vitamins, minerals, fiber, and beneficial fats from sources such as flax seed and borage oil. The formula has a vegetable base featuring broccoli and clean pea protein.

## BENEFITS

- 20 grams of vegetable protein per serving
- Essential vitamins & minerals
- Promotes a feeling of fullness
- Gluten free
- Certified vegan
- Delicious vanilla flavor

## KEY INGREDIENTS

- Pea protein
- Fruit & vegetable base

## RECOMMENDED USE

Mix 2 level scoops (40 g) of Biome Shake powder with approximately 300 ml of water—or mix to taste—twice per day. Shake or stir vigorously and drink immediately. For best results, use a Synergy shaker bottle.



## SUPPLEMENT FACTS

Nutrition		
	Serving 40g (2 scoops)	
Energy	619 kJ / 148 kcal	
Protein	20 g	
Fiber	5 g	
	Amount	%NRV*
Vitamin A	908 µg	114%
Vitamin D	3.5 µg	70%
Vitamin C	21 mg	26%
Thiamin (Vitamin B1)	0.5 mg	45%
Riboflavin (Vitamin B2)	0.6 mg	43%
Niacin	7 mg	44%
Vitamin B6	0.7 mg	50%
Folic Acid	140 µg	70%
Vitamin B12	2.1 µg	84%
Biotin	105 µg	210%
Pantothenate	3.5 mg	58%
Zinc	5.25 mg	53%
Copper	0.8 mg	80%
Manganese	0.7 mg	35%
Selenium	24.5 µg	45%
Iodine	52.5 µg	35%
Serving 40g (2 scoops)		
Resistant Dextrin	1.96 g	
Pea Fiber	0.24 g	
Bamboo Fiber	0.18 g	
Fructooligosaccharides	921.3 mg	
Inulin (Chicoré Extract)	52.95 mg	
Flax seed powder	400 mg	
Rice bran	136 mg	

Serving 40g (2 scoops)	
Carrot Powder	82.75 mg
Borage oil	40 mg
Cranberry powder	40 mg
Broccoli flower powder	40 mg
Grape seed extract	37.5 mg
from Proanthocyanidins	17 mg
Black bean powder	25.2 mg
Adzuki Bean powder	2.8 mg
Beta Glucan	0.04 mg

\*NRV = nutrient reference values

**Ingredients:** Pea protein Isolate, sunflower oil powder [Sunflower oil with natural tocopherols, maltodextrin, modified food starch, mono & diglycerides and tri-calcium phosphate (anti-caking agent)], natural vanilla flavouring, resistant dextrin, erythritol (flavour enhancer), fructooligosaccharides, medium chain triglycerides (MCT), sea salt, flax seed, potassium citrate, sodium citrate, pea fibre, rice protein, xanthan gum, sweetener: steviol glycosides, bamboo fibre, rice bran, guar gum, carrot root powder, inulin (chicory extract), carrageenan, borage oil powder, cranberry fruit powder, broccoli florets powder, grape seed extract, ascorbic acid, black bean powder, sodium selenate, D-biotin, vitamin A palmitate, nicotinamide, zinc oxide, copper gluconate, D-calcium pantothenate, adzuki bean, manganese sulfate, ergocalciferol, folic acid, potassium iodide, pyridoxine HCl, thiamin HCl, riboflavin, pomegranate fruit powder, cyanocobalamin, grape skin extract powder, garbanzo bean flakes, beta glucans (oats).

\*As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition. This product is not intended to diagnose, treat, or prevent any disease.



## WHY PURIFY?

The microbiome suffers due to toxic environments, nutrient-stripped foods, and a stressful, sedentary lifestyle. This suffering results in an unhealthy balance of good and bad bacteria, which ultimately impacts other systems in the body.

## PURIFY KIT

Biome Shake is one of five products in the Purify Kit, which includes a one-week supply of clinically formulated nutrition for the microbiome. Use the kit's carefully engineered supplements and adhere to the dietary guidelines to support your microbiome and begin your journey to Elite Health.



## ABOUT SYNERGY ELITE HEALTH PRODUCTS

Elite Health is the pinnacle of wellness, where age does not dictate ability. Scientifically, Elite Health is optimal metabolic function, the state in which all body systems are performing efficiently, which gives you the energy to see more, do more, and be more, no matter what stage of life you're in.

**ELITEHEALTH**  
 UNLOCK YOUR POTENTIAL

Recent scientific discoveries have uncovered a fascinating inner-ecosystem within each of us called the microbiome. This complex network of bacteria, fungi, and microflora resides primarily in the gut and impacts the health of other systems in the human body. Synergy WorldWide has carefully engineered proprietary solutions: Purify, Fortify, and Protect. Each solution begins with the microbiome.

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