



BODY PRIME

Microbiome Purification & Efficiency*

Item No. 92975
 30 Capsules

Body Prime is an effective kick-start to any health regimen. Made with magnesium, prune powder, and apple pectin, this formula has simple ingredients that support cleansing and bowel motility to prime the body for an effective purification program.*

BENEFITS

- Supports cleansing and bowel motility*
- Magnesium helps maintain healthy electrolyte balance and reduce fatigue
- Contributes to muscle function including the heart muscle
- Contributes to normal muscle contraction including normal heartbeat

KEY INGREDIENTS

- *Magnesium:* Body Prime contains 400 mg of the powerful, essential macro-mineral Magnesium. To effectively prepare the body for a regimen of healthy habits, magnesium oxide has a priming effect shown in clinical settings to induce mild bowel motility. At the same time, magnesium is a crucial mineral for maintaining a healthy balance of electrolytes, and is an important micronutrient in the reduction of fatigue. Additionally, magnesium has been proven to have positive cardiovascular benefits.



- *Apple Fruit Pectin and Prune Fruit Powder Blend:* Prune powder and apple pectin work synergistically to kick-start a health regimen. Along with magnesium oxide, these familiar fruit sources have been recommended for use in clinical settings to induce bowel motility, which leads to a variety of benefits. These ingredients are approved for daily use.

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ABOUT SYNERGY ELITE HEALTH PRODUCTS

Elite Health is the pinnacle of wellness, where age does not dictate ability. Scientifically, Elite Health is optimal metabolic function, the state in which all body systems are performing efficiently, which gives you the energy to see more, do more, and be more, no matter what stage of life you're in.

Recent scientific discoveries have uncovered a fascinating inner-ecosystem within each of us called the microbiome. This complex network of bacteria, fungi, and microflora resides primarily in the gut and impacts the health of virtually every system in the human body.

Synergy WorldWide has carefully engineered proprietary solutions designed to Purify, Fortify, and Protect the body, all beginning with the microbiome. Take control of your microbiome, unlock your potential, and begin your journey to Elite Health.

ELITEHEALTH
 UNLOCK YOUR POTENTIAL

*As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.



RECOMMENDED USE

Take two capsules one to three times per day. Digestive tracts vary. Begin with fewer capsules and increase as desired to achieve digestive response.

BODY PRIME BENEFITS SCIENTIFICALLY VALIDATED

Body Prime and its ingredients have been included in a number of studies, including those conducted at the Hughes Center for Research and Innovation. There, the safety and efficacy of escalating doses of Body Prime on maintaining the regularity of healthy bowel function were explored, thereby setting the recommended dosing parameters. Studies showing that magnesium has a positive cardiovascular benefit¹, is useful in maintaining a healthy electrolyte balance², and reduces fatigue³, are noted as follows:

1. Kupetsky-Rincon, E. a. & Uitto, J. Magnesium: Novel applications in cardiovascular disease - A review of the literature. *Ann. Nutr. Metab.* 61, 102-110 (2012).
2. EFSA. Scientific Opinion on the substantiation of health claims related to magnesium and electrolyte balance (ID 238), energy-yielding metabolism (ID 240 , 247 , 248), neurotransmission and muscle contraction including heart muscle (ID 241 , 242), cell di. *EFSA J.* 7(9), 1-20 (2009).
3. EFSA. Scientific Opinion on the substantiation of health claims related to magnesium and 'hormonal health' (ID 243), reduction of tiredness and fatigue (ID 244), contribution to normal psychological functions (ID 245 , 246), maintenance of normal blood. *EFSA* 8, 1807 (2010).

SUPPLEMENT FACTS

Product Information	
	Per 2 capsules (1620 mg)
Magnesium	400 mg (107%*)
Apple pectin	500 mg
Prune powder	200 mg

* of the Reference Intake (RI)

Ingredients: Magnesium Oxide, Apple Pectin Powder (Malus Domestica Borkh., Fruit), Prune Powder (Prunus domestica L., Fruit), Glazing Agent (Hydroxypropyl Methyl Cellulose), Anti-caking Agent (Magnesium Salts of Fatty Acids).