

# ESSENTIAL GREENS

ITEM #: SU74899 • 5.3 oz.

Medical and nutrition experts unanimously proclaim the importance of consuming multiple servings of fruits and vegetables each day, but finding the time to prepare and eat five to nine daily servings can be a daunting task.

Synergy's Essential Greens helps you bridge this gap through densely nutritious green vegetables. This product harnesses the powerful process of photosynthesis, which takes sunlight and transforms it into energy that fuels the world. This energy is called chlorophyll. Chlorophyll helps protect healthy cells, supports immunity, and acts as a natural deodorizer. By concentrating chlorophyll and other photosynthetic elements into an easily digestible powder, Synergy has created a product that offers complete green nutrition.

Essential Greens includes a significant amount of wheat grass, barley grass, and oat grass. These cereal grasses contain a wide range of potent plant compounds, including antioxidants and phytonutrients—both noted for their ability to protect, nourish, and strengthen the body. Drink a glass of water with Essential Greens and you'll feel fresh, invigorated, and energized.\*

## BENEFITS

- Phytonutrients provide health-protective benefits
- Antioxidants combat free radicals and help counter cell damage
- Chlorophyll enhances immunity and protects cells
- Alkalizing formula hydrates and detoxifies the body
- Greens are rich in nutrients and enhance energy

## KEY INGREDIENTS

Wheat Grass, Oat Sprout, Barley Grass, Lemongrass Aerial Parts, Artichoke Leaf, Cucumber Fruit, Okra Pod, Celery Seed, Parsley Leaf, Spinach Leaf & Stem, Kale Leaf, Broccoli Flowers, Cabbage Leaf, Tomato Fruit, Peppermint Leaf, Rosemary Leaf, Sage Leaf, Spearmint Leaf & Flower, Thyme Leaf.

## INSTRUCTIONS

Mix one packet in one liter of water daily.



## Supplement Facts

Serving Size 1 packet (5 g)  
Servings Per Container 30

	Amount Per Packet	% Daily Value*
Calories	15	
Total Carbohydrate	3g	1%
Dietary Fiber	2g	8%
Protein	1g	
Proprietary Blend	4.97g	**

Wheat Grass (*Triticum aestivum*), Oat Sprout (*Avena sativa*), Barley Grass, (*Hordeum vulgare*), Lemongrass Aerial Parts (*Cymbopogon citratus*), Artichoke Leaf (*Cynara scolymus*), Cucumber Fruit (*Cucumis sativus*), Okra Pod (*Hibiscus esculentus*), Celery Seed (*Apium graveolens*), Parsley Leaf (*Petroselinum crispum*), Spinach Leaf & Stem (*Spinacia oleracea*), Kale Leaf (*Brassica oleracea var. acephala*), Broccoli Flowers (*Brassica oleracea var. italica*), Cabbage Leaf (*Brassica oleracea var. capitata*), Tomato Fruit (*Solanum lycopersicum*), Peppermint Leaf (*Mentha x piperita*), Rosemary Leaf (*Rosmarinus officinalis*), Sage Leaf (*Salvia officinalis*), Spearmint Leaf & Flower (*Mentha spicata*), Thyme Leaf (*Thymus vulgaris*)

\*Percent Daily values are based on a 2000 calorie diet.  
\*\*Daily Value not established.

\*As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.