

## Protect your health and boost your energy through natural ingredients

**L-arginine** is a vital amino acid that is best known for its cardiovascular benefits. In the body, L-arginine is converted to nitric oxide, which relaxes the arteries and regulates blood vessel tone and flexibility. This reduces stress on the heart, helps maintain already normal blood pressure levels and blood thickness, and improves circulation and overall cardiovascular function.

**Guarana seed extract** comes from the seeds of Paullinia cupana, which naturally contain caffeine. This energy enhancing ingredient is well known for its beneficial effects on maintaining alertness, improving cognitive capacity, and increasing physical performance.

**Vitamin B complex** is a group of 7 water soluble vitamins that need to be replenished on a daily basis. This need becomes increasingly important for those who are physically active or under stress. B-vitamins fulfill specific roles within the body to complete chemical reactions that generate energy. The effectiveness of these vitamins increases when taken together.

**Vitamin C** is an antioxidant that fights the negative effects of free radicals in the body. During exercise, or any rigorous activity, free radicals are produced that can cause cellular damage. Having vitamin C present in the body will enable the neutralization of this adverse reaction. In some populations, getting high levels of vitamin C may help improve physical performance and muscular strength.

**Inulin** is a prebiotic ingredient, meaning it's resistant to digestion in the stomach and small intestine. This feature enables it to reach the colon undigested, where it can selectively stimulate growth and/or metabolism in effective bacteria. This can lead to changes in levels of gut hormones called incretins which help clear glucose from the blood and into tissues where it can be used for energy.



Visit us at [www.synergyworldwide.com](http://www.synergyworldwide.com)  
to learn more about our  
revolutionary line of nutritional and  
personal care products.

For more information, contact:

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\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, cure, treat or prevent any disease.

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# Naturally increase your energy and protect your cardiovascular health.

Whether you're a busy Mom on the move, an anxious employee climbing the corporate ladder, a university student cramming for that next test, or a weekend warrior fixing the house, coaching your son's baseball game and planning the next family outing, energy enables you to live life to its fullest.

**e9** combines the proven cardiovascular benefits of L-arginine to ensure continued heart health, while naturally supplying the body with adequate energy for life's demands. In today's busy world, beverage shelves are lined with unhealthy energy drinks loaded with sugar, artificial caffeine, and other ingredients that supply little to no nutritional value. **e9** provides a healthy alternative that naturally increases energy levels through stimulating herbal extracts, amino acids, and a blend of B-vitamins. **e9**'s exclusive high energy, low calorie formulation provides steady energy for hours then lets your energy gradually subside.

## BENEFITS OF e9

- Long lasting healthy energy through a unique, low calorie formulation
- Supports cardiovascular health with L-arginine
- Enhances mental and physical energy levels
- Maintains alertness, improves cognitive capacity, and increases physical performance
- Stimulates the body's natural ability to produce energy
- Great-tasting Tropical Burst flavor

